

OBUUC October EcoChallenge.

<p>There are many actions we could take to live more sustainably, but it's difficult to make new habits. SO! Green Sanctuary has designated October "make a new habit" month. Pick one (or more) of the following actions and resolve to keep it in October. Keep track and let us know at the end of the month. We'll see how small actions taken by many people can make a big difference. You are on your honor to pick something new! (keep track any way you want to.</p>	person #1	person #2	person #3	person #4	person #5
1. Take containers for leftovers to restaurants.					
2. bring your own shopping bags - everywhere.					
3. keep a gratitude journal for October.					
4. add one MORE meatless day to your weekly menu.					
5. Take your own beverage mug/water bottle with you					
6. PLAN a pollinaor corner of native plants for your garden in 2020.					
7. car pool to OBUUC this month!					
8. Turn off your computers overnight..					
9. TIME those showers to 5 minutes or less.					
10. other of your choice.					

Please let us know what action(s) you've selected, on-line or on paper. Then let us know how you did by November 5 and we'll report back. .

go to <https://peoples.ecochallenge.org> for more information